**Gimnazija in SŠ Rudolfa Maistra Kamnik**

Anketa – Dijaki

Na vprašalnik so odgovorili 103 učenci.

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| **Q1** | **Pozorno preberi vsako trditev in izberi ustrezen odgovor na lestvici od 1 do 6. 1 pomeni, da se s trditvijo »Nikakor ne strinjaš.«, 6 pomeni, da se s trditvijo »Popolnoma strinjaš.«.** | | | | | | | | | | | |
|  | **Podvprašanja** | **Odgovori** | | | | | | | **Veljavni** | **Št. enot** | **Povprečje** | **Std. Odklon** |
|  |  | 1 | 2 | 3 | 4 | 5 | 6 | Skupaj |  |  |  |  |
| Q1a | Hrano kupujem na podlagi države izvora, če je le mogoče, je to lokalna hrana (ki je pridelana čim bliže trgovine). | 6 (6%) | 10 (10%) | 31 (30%) | 24 (23%) | 20 (19%) | 12 (12%) | 103 (100%) | 103 | 103 | 3.8 | 1.4 |
| Q1b | Kupujem hrano z označbo »poštena trgovina« ali »ekološko«. | 17 (17%) | 23 (22%) | 24 (23%) | 23 (22%) | 10 (10%) | 6 (6%) | 103 (100%) | 103 | 103 | 3.0 | 1.4 |
| Q1c | Pri kupovanju hrane nisem pozoren na njen videz (npr. poškodovana embalaža, ukrivljeno korenje ali kumarice, itd.). | 35 (34%) | 24 (23%) | 17 (17%) | 11 (11%) | 9 (9%) | 7 (7%) | 103 (100%) | 103 | 103 | 2.6 | 1.6 |
| Q1d | Če je mogoče, kupim hrano, ki ne vsebuje palmovega olja. | 42 (41%) | 20 (19%) | 26 (25%) | 8 (8%) | 4 (4%) | 3 (3%) | 103 (100%) | 103 | 103 | 2.2 | 1.3 |
| Q1e | Najraje izberem sezonsko sadje in zelenjavo (tisto, ki raste in zori v tem letnem času). | 3 (3%) | 3 (3%) | 13 (13%) | 13 (13%) | 34 (33%) | 37 (36%) | 103 (100%) | 103 | 103 | 4.8 | 1.3 |
| Q1f | Kupujem najcenejšo hrano. | 11 (11%) | 29 (28%) | 34 (33%) | 13 (13%) | 12 (12%) | 4 (4%) | 103 (100%) | 103 | 103 | 3.0 | 1.3 |
| Q1g | Hrano kupujem glede na to, kaj želim jesti v tistem trenutku. | 1 (1%) | 8 (8%) | 26 (25%) | 28 (27%) | 19 (18%) | 21 (20%) | 103 (100%) | 103 | 103 | 4.2 | 1.3 |
| Q1h | Hrane ne kupujem jaz temveč starši. | 4 (4%) | 13 (13%) | 20 (19%) | 20 (19%) | 19 (18%) | 27 (26%) | 103 (100%) | 103 | 103 | 4.1 | 1.5 |

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| **Q2** | **Kako pogosto doma ješ …?Označi ustrezen odgovor.** | | | | | | | | | | |
|  | **Podvprašanja** | **Odgovori** | | | | | | **Veljavni** | **Št. enot** | **Povprečje** | **Std. Odklon** |
|  |  | Vsak dan. | Vsak drugi dan. | Približno dvakrat na teden. | Enkrat na teden. | Manj kot enkrat tedensko. | Skupaj |  |  |  |  |
| Q2a | meso? | 26 (27%) | 32 (33%) | 26 (27%) | 4 (4%) | 9 (9%) | 97 (100%) | 97 | 103 | 2.4 | 1.2 |
| Q2b | mesne izdelke (šunka, salama, hrenovke, slanina itd.)? | 14 (14%) | 26 (27%) | 18 (19%) | 12 (12%) | 27 (28%) | 97 (100%) | 97 | 103 | 3.1 | 1.4 |
| Q2c | zelenjavo? | 60 (62%) | 22 (23%) | 8 (8%) | 4 (4%) | 3 (3%) | 97 (100%) | 97 | 103 | 1.6 | 1.0 |
| Q2d | sadje? | 60 (62%) | 20 (21%) | 9 (9%) | 4 (4%) | 4 (4%) | 97 (100%) | 97 | 103 | 1.7 | 1.1 |

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| **Q3** | **Označi kolikokrat na teden ješ zajtrk ...** | | | | | | | | | | |
|  | **Podvprašanja** | **Odgovori** | | | | | | **Veljavni** | **Št. enot** | **Povprečje** | **Std. Odklon** |
|  |  | Vsak dan. | Vsak drugi dan. | 2-3 krat na teden. | Manj pogosto. | Nikoli. | Skupaj |  |  |  |  |
| Q3a | ... doma? | 32 (34%) | 15 (16%) | 18 (19%) | 20 (21%) | 9 (10%) | 94 (100%) | 94 | 103 | 2.6 | 1.4 |
| Q3b | ... na poti v šolo kupim v trgovini. | 1 (1%) | 4 (4%) | 3 (3%) | 25 (27%) | 61 (65%) | 94 (100%) | 94 | 103 | 4.5 | 0.8 |
| Q3c | ... na poti v šolo si nekaj kupim v restavraciji ali okrepčevalnici s hitro prehrano (npr. kebab, pica, hot dog, hamburger, ...). | 1 (1%) | 0 (0%) | 5 (5%) | 8 (9%) | 80 (85%) | 94 (100%) | 94 | 103 | 4.8 | 0.6 |
| Q3d | ... pripravljen v šolski kuhinji? | 19 (20%) | 4 (4%) | 7 (7%) | 6 (6%) | 58 (62%) | 94 (100%) | 94 | 103 | 3.9 | 1.6 |

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| **Q4** | **Kako pogoste ješ v restavraciji s hitro prehrano (npr. McDonald, okrepčevalnica – npr. kebab)?** | | | | | | | | | | | |
|  | **Podvprašanja** | **Odgovori** | | | | | | | **Veljavni** | **Št. enot** | **Povprečje** | **Std. Odklon** |
|  |  | Vsak dan. | Vsak drugi dan. | Približno dvakrat na teden. | Enkrat na teden. | Manj kot enkrat na teden. | Nikoli. | Skupaj |  |  |  |  |
| Q4a | Sam? | 0 (0%) | 0 (0%) | 0 (0%) | 4 (4%) | 37 (41%) | 50 (55%) | 91 (100%) | 91 | 103 | 5.5 | 0.6 |
| Q4b | S prijatelji? | 0 (0%) | 0 (0%) | 1 (1%) | 6 (7%) | 67 (74%) | 17 (19%) | 91 (100%) | 91 | 103 | 5.1 | 0.5 |
| Q4c | S starši? | 2 (2%) | 0 (0%) | 0 (0%) | 0 (0%) | 48 (53%) | 41 (45%) | 91 (100%) | 91 | 103 | 5.4 | 0.8 |

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| **Q5** | **Ali glede na letni čas, doma spremenite jedilnik? Na primer, spomladi jeste več solate, jeseni jedi »na žlico«, pozimi pa kislo zelje, klobase … itd. Označi ustrezen odgovor.** | | | | |
|  | **Odgovori** | **Frekvenca** | **Odstotek** | **Veljavni** | **Kumulativa** |
|  | 1 (Nikoli.) | 10 | 10% | 11% | 11% |
|  | 2 (Skoraj nikoli.) | 6 | 6% | 7% | 18% |
|  | 3 (Občasno.) | 43 | 42% | 48% | 66% |
|  | 4 (Vedno.) | 31 | 30% | 34% | 100% |
| Veljavni | Skupaj | 90 | 87% | 100% |  |
|  |  | Povprečje | 3.1 | Std. Odklon | 0.9 |

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| **Q6** | **Katere 3 vrste stročnic ješ najpogosteje?Označi tri vrste stročnic, ki jih najpogosteje jeste.** | | | | | | | | | | | |
|  | **Podvprašanja** | **Enote** | | | | | | | | **Navedbe** | | |
|  |  | Frekvence | Veljavni | | % - Veljavni | Ustrezni | | % - Ustrezni | | Frekvence | | % |
| Q6a | Bob. | 9 | 88 | | 10% | 103 | | 9% | | 9 | | 4% |
| Q6b | Čičerika. | 28 | 88 | | 32% | 103 | | 27% | | 28 | | 12% |
| Q6c | Fižol. | 65 | 88 | | 74% | 103 | | 63% | | 65 | | 29% |
| Q6d | Grah. | 71 | 88 | | 81% | 103 | | 69% | | 71 | | 31% |
| Q6e | Leča. | 27 | 88 | | 31% | 103 | | 26% | | 27 | | 12% |
| Q6f | Soja. | 17 | 88 | | 19% | 103 | | 17% | | 17 | | 7% |
| Q6g | Drugo: | 10 | 88 | | 11% | 103 | | 10% | | 10 | | 4% |
|  | SKUPAJ |  | 88 | |  | 103 | |  | | 227 | | 100% |
| **Q6g\_text** | **Q6 (Drugo: )** | | | | | | | | | | | |
|  | **Odgovori** | | | **Frekvenca** | | | **Odstotek** | | **Veljavni** | | **Kumulativa** | |
|  | stročji fižol | | | 1 | | | 1% | | 13% | | 13% | |
|  | nobene | | | 1 | | | 1% | | 13% | | 25% | |
|  | nič | | | 2 | | | 2% | | 25% | | 50% | |
|  | / | | | 1 | | | 1% | | 13% | | 63% | |
|  | 0 | | | 1 | | | 1% | | 13% | | 75% | |
|  | nič od naštetega | | | 1 | | | 1% | | 13% | | 88% | |
|  | jih ne jem | | | 1 | | | 1% | | 13% | | 100% | |
| Veljavni | Skupaj | | | 8 | | | 8% | | 100% | |  | |

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| **Q7** | **Katere 3 vrste žitaric ješ najpogosteje?Označi tri vrste žitaric, ki jih najpogosteje jeste.** | | | | | | | |
|  | **Podvprašanja** | **Enote** | | | | | **Navedbe** | |
|  |  | Frekvence | Veljavni | % - Veljavni | Ustrezni | % - Ustrezni | Frekvence | % |
| Q7a | Ajda. | 18 | 88 | 20% | 103 | 17% | 18 | 7% |
| Q7b | Ječmen. | 4 | 88 | 5% | 103 | 4% | 4 | 1% |
| Q7c | Koruza. | 53 | 88 | 60% | 103 | 51% | 53 | 19% |
| Q7d | Oves. | 15 | 88 | 17% | 103 | 15% | 15 | 5% |
| Q7e | Pira. | 19 | 88 | 22% | 103 | 18% | 19 | 7% |
| Q7f | Proso. | 9 | 88 | 10% | 103 | 9% | 9 | 3% |
| Q7g | Pšenica. | 69 | 88 | 78% | 103 | 67% | 69 | 25% |
| Q7h | Riž. | 81 | 88 | 92% | 103 | 79% | 81 | 30% |
| Q7i | Rž. | 5 | 88 | 6% | 103 | 5% | 5 | 2% |
| Q7j | Drugo: | 0 | 88 | 0% | 103 | 0% | 0 | 0% |
|  | SKUPAJ |  | 88 |  | 103 |  | 273 | 100% |

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| **Q8** | **Katere 3 vrste mesa ješ najpogosteje?Označi tri vrste mesa, ki ga najpogosteje jeste.** | | | | | | | | | | | |
|  | **Podvprašanja** | **Enote** | | | | | | | | **Navedbe** | | |
|  |  | Frekvence | Veljavni | | % - Veljavni | Ustrezni | | % - Ustrezni | | Frekvence | | % |
| Q8a | Govedina. | 45 | 88 | | 51% | 103 | | 44% | | 45 | | 19% |
| Q8b | Konjsko meso. | 4 | 88 | | 5% | 103 | | 4% | | 4 | | 2% |
| Q8c | Kozje meso. | 0 | 88 | | 0% | 103 | | 0% | | 0 | | 0% |
| Q8d | Morski sadeži. | 9 | 88 | | 10% | 103 | | 9% | | 9 | | 4% |
| Q8e | Ovčje meso. | 2 | 88 | | 2% | 103 | | 2% | | 2 | | 1% |
| Q8f | Perutnina. | 76 | 88 | | 86% | 103 | | 74% | | 76 | | 32% |
| Q8g | Ribe. | 49 | 88 | | 56% | 103 | | 48% | | 49 | | 20% |
| Q8h | Svinjina. | 42 | 88 | | 48% | 103 | | 41% | | 42 | | 17% |
| Q8i | Zajčje meso. | 4 | 88 | | 5% | 103 | | 4% | | 4 | | 2% |
| Q8j | Ne jem mesa. | 8 | 88 | | 9% | 103 | | 8% | | 8 | | 3% |
| Q8k | Drugo: | 2 | 88 | | 2% | 103 | | 2% | | 2 | | 1% |
|  | SKUPAJ |  | 88 | |  | 103 | |  | | 241 | | 100% |
| **Q8k\_text** | **Q8 (Drugo: )** | | | | | | | | | | | |
|  | **Odgovori** | | | **Frekvenca** | | | **Odstotek** | | **Veljavni** | | **Kumulativa** | |
|  | piščanec | | | 1 | | | 1% | | 100% | | 100% | |
| Veljavni | Skupaj | | | 1 | | | 1% | | 100% | |  | |

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| **Q9** | **Kako pogosto doma jeste jedi, ki jih kupite v trgovini in jih doma samo še do konca pripravite (zamrznjena pica, omake ali juhe v konzervi, ribje palčke  …)? Označi ustrezen odgovor.** | | | | |
|  | **Odgovori** | **Frekvenca** | **Odstotek** | **Veljavni** | **Kumulativa** |
|  | 1 (Nikoli. (manj kot 1x tedensko.)) | 58 | 56% | 66% | 66% |
|  | 2 (Občasno. (1x tedensko.)) | 26 | 25% | 30% | 95% |
|  | 3 (Pogosto. (3x tedensko.)) | 4 | 4% | 5% | 100% |
|  | 4 (Zelo pogosto. (Skoraj vsak dan.)) | 0 | 0% | 0% | 100% |
| Veljavni | Skupaj | 88 | 85% | 100% |  |
|  |  | Povprečje | 1.4 | Std. Odklon | 0.6 |

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| **Q10** | **Kako pogosto doma zavržete neporabljeno hrano? Označi ustrezen odgovor.** | | | | |
|  | **Odgovori** | **Frekvenca** | **Odstotek** | **Veljavni** | **Kumulativa** |
|  | 1 (Vsak dan ali skoraj vsak dan.) | 5 | 5% | 6% | 6% |
|  | 2 (Dvakrat ali trikrat na teden.) | 14 | 14% | 16% | 22% |
|  | 3 (Enkrat na teden.) | 29 | 28% | 33% | 55% |
|  | 4 (Manj.) | 39 | 38% | 45% | 100% |
| Veljavni | Skupaj | 87 | 84% | 100% |  |
|  |  | Povprečje | 3.2 | Std. Odklon | 0.9 |

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| **Q11** | **Kaj naredite s hrano, ki ji je potekel rok uporabe?Označi ustrezen odgovor.** | | | | |
|  | **Odgovori** | **Frekvenca** | **Odstotek** | **Veljavni** | **Kumulativa** |
|  | 1 (Avtomatično jo vržemo stran.) | 9 | 9% | 11% | 11% |
|  | 2 (Določeno hrano vržemo stran, z določeno nahranimo živali.) | 21 | 20% | 25% | 35% |
|  | 3 (Določeno hrano vržemo stran, za katero menimo,da je še dobra, pojemo.) | 53 | 51% | 62% | 98% |
|  | 4 (Vse pojemo, ne glede na rok uporabe.) | 1 | 1% | 1% | 99% |
|  | 5 (Drugo:) | 1 | 1% | 1% | 100% |
| Veljavni | Skupaj | 85 | 83% | 100% |  |
| **Q11\_5\_text** | **Q11 (Drugo: )** | | | | |
|  | **Odgovori** | **Frekvenca** | **Odstotek** | **Veljavni** | **Kumulativa** |
|  | tista ki je še dobra jo pojemo, ostali damo na gnoj | 1 | 1% | 100% | 100% |
| Veljavni | Skupaj | 1 | 1% | 100% |  |

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| **Q12** | **Kaj je najpogostejši razlog, da doma zavržete neporabljeno hrano? Označi 2 razloga.** | | | | | | | |
|  | **Podvprašanja** | **Enote** | | | | | **Navedbe** | |
|  |  | Frekvence | Veljavni | % - Veljavni | Ustrezni | % - Ustrezni | Frekvence | % |
| Q12a | Pokvari se. | 56 | 84 | 67% | 103 | 54% | 56 | 41% |
| Q12b | Ima pretečen rok uporabe. | 40 | 84 | 48% | 103 | 39% | 40 | 29% |
| Q12c | Nihče je noče več jesti. | 17 | 84 | 20% | 103 | 17% | 17 | 12% |
| Q12d | Zgodila se je nesreča (padla je na tla, zažgala se je,... ). | 24 | 84 | 29% | 103 | 23% | 24 | 18% |
|  | SKUPAJ |  | 84 |  | 103 |  | 137 | 100% |

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| **Q13** | **Označi, kaj znaš skuhati.** | | | | | | | | | | | |
|  | **Podvprašanja** | **Enote** | | | | | | | | **Navedbe** | | |
|  |  | Frekvence | Veljavni | | % - Veljavni | Ustrezni | | % - Ustrezni | | Frekvence | | % |
| Q13a | Krompir (pire, pečen ...). | 80 | 84 | | 95% | 103 | | 78% | | 80 | | 13% |
| Q13b | Kruh. | 38 | 84 | | 45% | 103 | | 37% | | 38 | | 6% |
| Q13c | Mesne omake. | 43 | 84 | | 51% | 103 | | 42% | | 43 | | 7% |
| Q13d | Ocvrte zrezke. | 60 | 84 | | 71% | 103 | | 58% | | 60 | | 9% |
| Q13e | Pico. | 72 | 84 | | 86% | 103 | | 70% | | 72 | | 11% |
| Q13f | Piškote. | 72 | 84 | | 86% | 103 | | 70% | | 72 | | 11% |
| Q13g | Potico. | 18 | 84 | | 21% | 103 | | 17% | | 18 | | 3% |
| Q13h | Solato. | 71 | 84 | | 85% | 103 | | 69% | | 71 | | 11% |
| Q13i | Testenine. | 79 | 84 | | 94% | 103 | | 77% | | 79 | | 13% |
| Q13j | Zelenjavne omake. | 32 | 84 | | 38% | 103 | | 31% | | 32 | | 5% |
| Q13k | Zelenjavno enolončnico. | 25 | 84 | | 30% | 103 | | 24% | | 25 | | 4% |
| Q13l | Drugo: | 20 | 84 | | 24% | 103 | | 19% | | 20 | | 3% |
| Q13m | Drugo: | 13 | 84 | | 15% | 103 | | 13% | | 13 | | 2% |
| Q13n | Drugo: | 9 | 84 | | 11% | 103 | | 9% | | 9 | | 1% |
|  | SKUPAJ |  | 84 | |  | 103 | |  | | 632 | | 100% |
| **Q13l\_text** | **Q13 (Drugo: )** | | | | | | | | | | | |
|  | **Odgovori** | | | **Frekvenca** | | | **Odstotek** | | **Veljavni** | | **Kumulativa** | |
|  | vse | | | 1 | | | 1% | | 6% | | 6% | |
|  | rižota | | | 1 | | | 1% | | 6% | | 11% | |
|  | palačinke | | | 4 | | | 4% | | 22% | | 33% | |
|  | sladice | | | 1 | | | 1% | | 6% | | 39% | |
|  | palacinke | | | 1 | | | 1% | | 6% | | 44% | |
|  | lazanja | | | 1 | | | 1% | | 6% | | 50% | |
|  | narastke | | | 1 | | | 1% | | 6% | | 56% | |
|  | riž | | | 1 | | | 1% | | 6% | | 61% | |
|  | jajca | | | 1 | | | 1% | | 6% | | 67% | |
|  | hrenovke | | | 1 | | | 1% | | 6% | | 72% | |
|  | torte | | | 1 | | | 1% | | 6% | | 78% | |
|  | jedi z bučk | | | 1 | | | 1% | | 6% | | 83% | |
|  | torta | | | 1 | | | 1% | | 6% | | 89% | |
|  | klobasa | | | 1 | | | 1% | | 6% | | 94% | |
|  | tortilije | | | 1 | | | 1% | | 6% | | 100% | |
| Veljavni | Skupaj | | | 18 | | | 17% | | 100% | |  | |
| **Q13m\_text** | **Q13 (Drugo: )** | | | | | | | | | | | |
|  | **Odgovori** | | | **Frekvenca** | | | **Odstotek** | | **Veljavni** | | **Kumulativa** | |
|  | rižoto | | | 1 | | | 1% | | 9% | | 9% | |
|  | palačinke | | | 1 | | | 1% | | 9% | | 18% | |
|  | palačinke | | | 1 | | | 1% | | 9% | | 27% | |
|  | puding | | | 1 | | | 1% | | 9% | | 36% | |
|  | mafine | | | 1 | | | 1% | | 9% | | 45% | |
|  | različne juhe | | | 1 | | | 1% | | 9% | | 55% | |
|  | jajca | | | 1 | | | 1% | | 9% | | 64% | |
|  | torte | | | 1 | | | 1% | | 9% | | 73% | |
|  | lazanja | | | 1 | | | 1% | | 9% | | 82% | |
|  | hrenovke | | | 1 | | | 1% | | 9% | | 91% | |
|  | omleta | | | 1 | | | 1% | | 9% | | 100% | |
| Veljavni | Skupaj | | | 11 | | | 11% | | 100% | |  | |
| **Q13n\_text** | **Q13 (Drugo: )** | | | | | | | | | | | |
|  | **Odgovori** | | | **Frekvenca** | | | **Odstotek** | | **Veljavni** | | **Kumulativa** | |
|  | sladice | | | 1 | | | 1% | | 14% | | 14% | |
|  | palačinke | | | 2 | | | 2% | | 29% | | 43% | |
|  | rižote | | | 2 | | | 2% | | 29% | | 71% | |
|  | jajca | | | 1 | | | 1% | | 14% | | 86% | |
|  | peciva | | | 1 | | | 1% | | 14% | | 100% | |
| Veljavni | Skupaj | | | 7 | | | 7% | | 100% | |  | |